



Important things you should know:

- **STOP** taking all anti-inflammatory medications (NSAIDS) 3 to 5 days before the procedure. These medications “thin your blood” and prevent your blood from clotting.

These medications include; Aspirin, Motrin, Advil, Ibuprofen, Naprosen, Aleve, Napoxen.

Carefully read the ingredients of any over-the-counter medications you may take. Many combination preparations contain NSAIDS. If you are unsure about a medication, ask your doctor.

- Please notify Dr. Ward if you are pregnant, taking Coumadin, Plavix, Pradaxa, Lovenox, have a history of bleeding disorders, or are allergic to steroids, cortisone, novocain, or other local anesthetics.
- It is recommended that you have a driver/responsible person to take you home following the procedure.
- You may eat lightly in the morning before your scheduled procedure.
- There will be a **\$250** charge for any missed injection appointments or cancellations made the day of the procedure
- After your procedure, we will schedule you for a follow-up appointment or subsequent injection.

Dr. Francisco Ward, DABPMR
Subspecialty Certification in Pain Medicine